

## Program Support Internship

Part-Time



### ***Apply now!***

The Elizabeth River Trail Foundation seeks a compassionate, organized, and community-minded intern to support inclusive programming, accessibility initiatives, and community engagement efforts related to the Elizabeth River Trail Foundation and Spinclusion.

This internship is ideal for students interested in occupational therapy, recreational therapy, public health, social work, nonprofit management, psychology, disability studies, kinesiology, or community programming. The intern will help support the ERT Foundation's mission of creating welcoming and inclusive outdoor experiences for all.

### **Responsibilities may include:**

- Assisting with Spinclusion rides, outreach, and participant support
- Supporting accessibility-focused community programming and events
- Assisting with volunteer coordination and participant communications
- Helping organize schedules, forms, supplies, and program materials
- Assisting with outreach to community partners and organizations
- Supporting administrative and operational tasks related to programs and events
- Assisting with event setup, breakdown, and logistics
- Supporting additional nonprofit projects as needed

### **Preferred Skills and Interests:**

- Interest in accessibility, community health, adaptive recreation, or nonprofit work
- Strong interpersonal and communication skills
- Compassionate, organized, and team-oriented mindset
- Ability to work collaboratively with diverse community members and partners
- Experience working with community programs, volunteer groups, or inclusive initiatives is a plus, but not required


### **What You'll Gain:**

- Hands-on experience in community-based nonprofit programming
- Exposure to accessibility and inclusive recreation initiatives
- Opportunities to work directly with community members and partners

Get in touch

[www.elizabethrivertrail.org](http://www.elizabethrivertrail.org) | @norfolkERT

PO Box 3042, Norfolk, Virginia 23514-3042

- 
- Experience supporting events, outreach, and operational systems
  - Mentorship from nonprofit professionals and access to collaborative team projects

This internship will range from 10-15 hours per week with flexible scheduling based on academic commitments and organizational needs. Some evening and weekend availability may be requested for events and community programs. Some heavy lifting is required. Access to reliable transportation is required.

The Elizabeth River Trail Foundation is a small, but highly collaborative team, and interns will have opportunities to contribute ideas, explore interests, and gain experience across multiple aspects of nonprofit work.

Send a letter of interest and resume to [admin@elizabethrivertrail.org](mailto:admin@elizabethrivertrail.org) with “Program Support” in the subject line.

The Elizabeth River Trail Foundation provides equal employment opportunities (EEO) to all employees and applicants for employment without regard to race, color, national origin, religion, gender, age, sexual orientation, disability or genetics.

---

Get in touch

[www.elizabethrivertrail.org](http://www.elizabethrivertrail.org) | @norfolkERT

PO Box 3042, Norfolk, Virginia 23514-3042